

Cultivating Farm to School in Nebraska

June 3, 2022



INTEGRATING FARM TO SCHOOL INTO CLASSROOM | CAFETERIA | COMMUNITY



**MIDWEST
FARM TO
SCHOOL
SUMMIT**

**BEEF TO
SCHOOLS**

**HARVEST
OF THE
MONTH**

**NEBRASKA
FARM TO
SCHOOL
INSTITUTE**

**FARM TO
SCHOOL
PRODUCER
TRAININGS**

2016

2017

2018

2020

2021

2022

**GREENHOUSE
TO
CAFETERIA**

**NEBRASKA
THURSDAYS**

**CRUNCH
OFF!**

**NEBRASKA
FARM TO
SCHOOL
ACT**

**HARVEST OF THE
MONTH
EXPANSION (ECE,
TRIBAL, SUMMER)**





Nebraska Policies

LR42 - 2009

- Interim Study
- Potential for a farm to school program in Nebraska
- Task force identified; report developed; recommendations provided

LR337 - 2020

- Interim Study
- Feasibility for a farm to school program in Nebraska
- Task force identified; report developed; recommendations provided

LB 396 - 2021

- Nebraska Farm to School Program Act

LB 758 - 2022

- Nebraska Farm to School Program Act *amended to explicitly include early childcare*

LR 337 - 2020 *Examine Farm to School Programs*

1. Creation and funding of two full-time positions to coordinate statewide farm to school activities, strengthen relationships between school systems, agricultural producers, and communities for enhanced farm to school programming.
2. Establishment of a statewide Farm to School Network.



Greenhouse to Cafeteria

Example program, Umo nhon Nation Public School



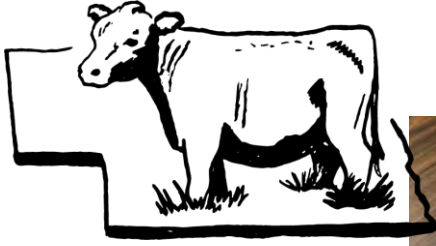
CENTER *for*
RURAL AFFAIRS



Umoⁿhoⁿ Nation Public School outdoor classroom areas provide space for nature-based education. Food sovereignty and sustainability concepts are implemented through gardening projects.



Nebraska Beef to Schools



Thayer Community Schools, Hebron



Christ Schools, Lincoln



Sutton Public Schools



Gretna Public Schools

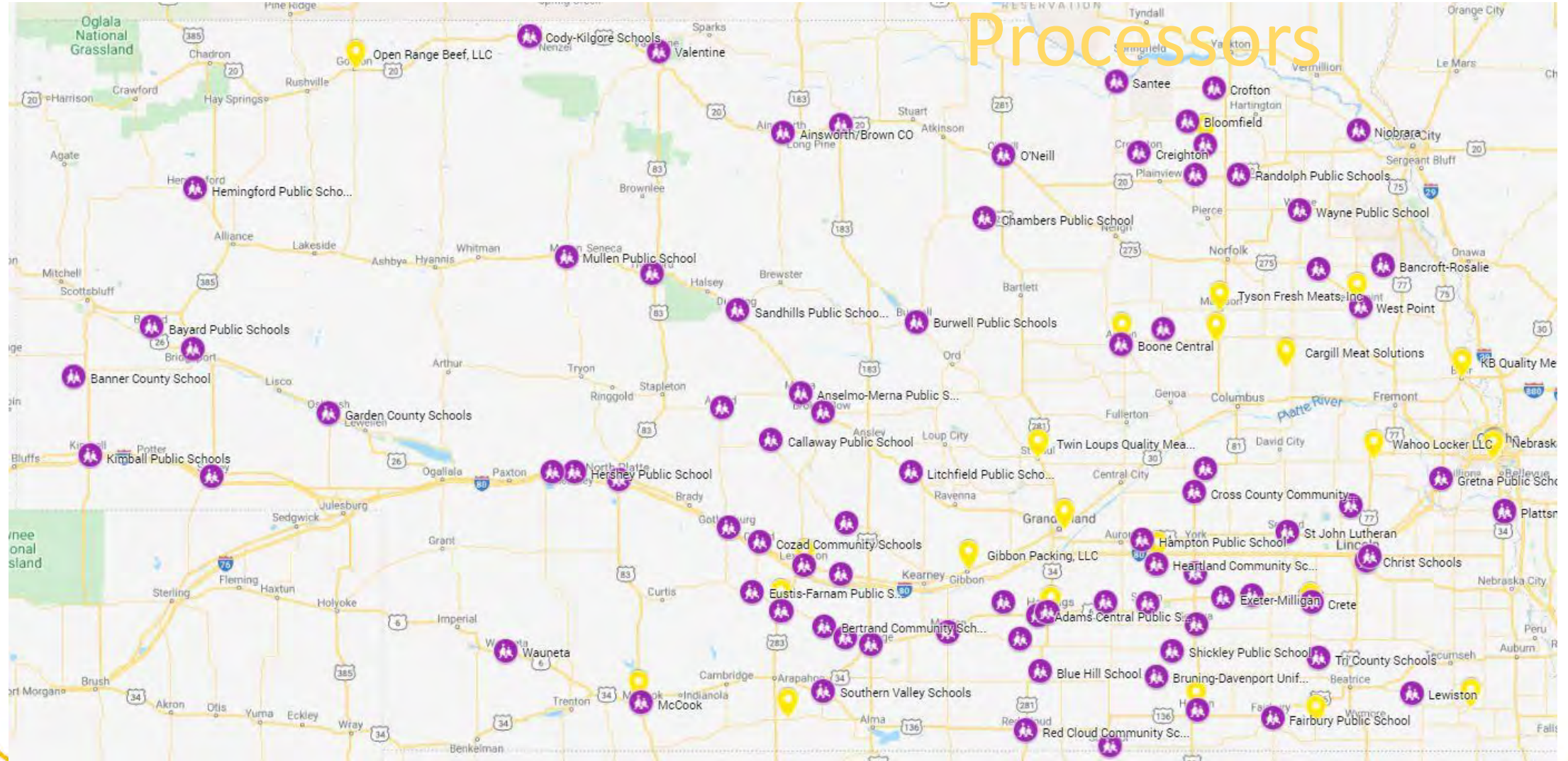


Wayne Community Schools



Nebraska Beef To Schools

Processors



Nebraska Thursdays

LOCAL FOODS FOR NEBRASKA SCHOOLS



EAT LOCAL



March 8

Beef Fajitas
Green Field Farm peppers and onions; Harpers Ranch beef

Pinto beans
Nebraska Beans

Local Lettuce Salad
With cherry tomatoes
From our school greenhouse

Homemade Pumpkin Bars
From our school greenhouse

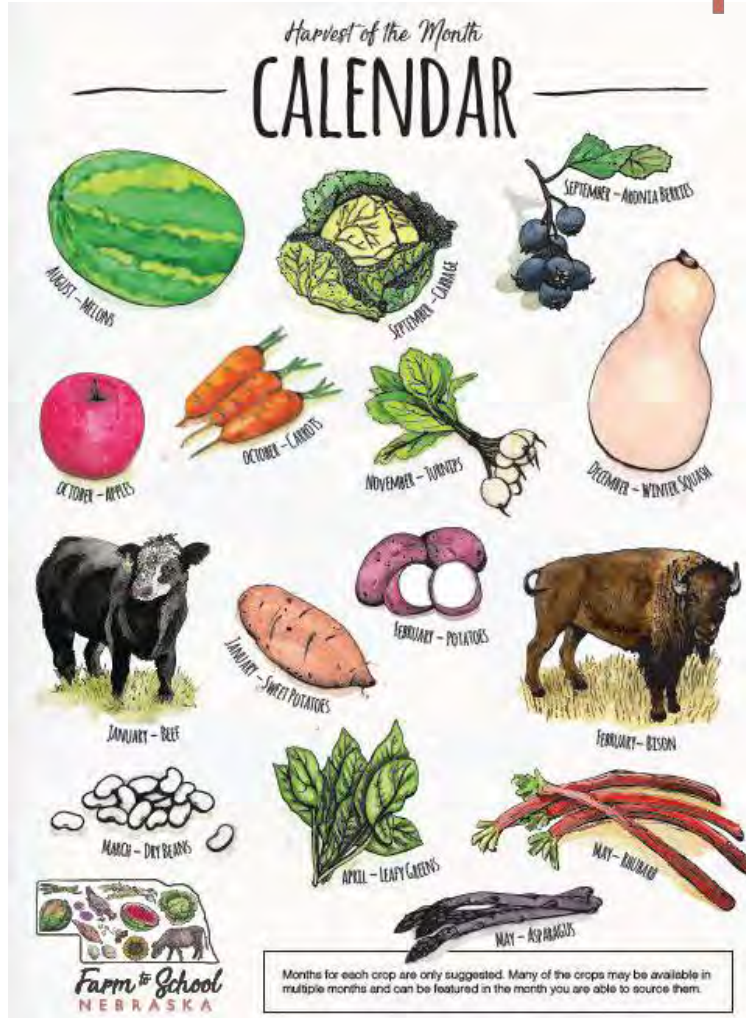
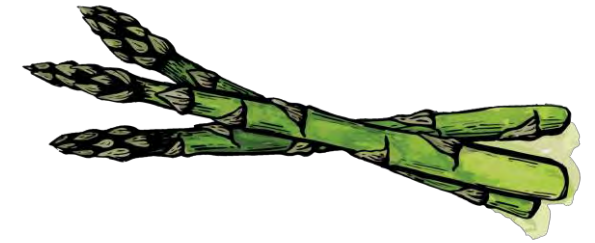
USDA CENTER for RURAL AFFAIRS NEBRASKA DEPARTMENT of EDUCATION
These institutions are equal opportunity providers.





Harvest of the Month

NEBRASKA



Sutton Public Schools

Harvest of the Month NEBRASKA

RECIPE GUIDE



HUMMUS WITH NORTHERN BEANS

| Ingredients | 50 Sample Servings | 100 Sample Servings |
|--|---|---|
| Local great northern beans pre-cooked (See pages 42-43) | 1 lb 4 oz (½ lb dried beans, uncooked) | 2 lb 8 oz (1 lb dried beans, uncooked) |
| Lemon juice | ¼ cup | ½ cup |
| Vegetable oil | 1 TBL + 1 tsp | 2 TBL + 2 tsp |
| Plain nonfat yogurt | ½ lb | 1 lb |
| Black pepper | ½ tsp | 1 tsp |
| Salt | 1 tsp | 2 tsp |

Directions:

- Place ingredients in a large blender or a food processor, working in ¼ or ½ batches at a time if needed to accommodate blender size. Blend to desired consistency (more time for a smooth dip, less for a chunky dip).
- If hummus seems too thick, add 2-4 tablespoons of water to the food processor and blend again as needed.
- Serve with #40 scoop in 2 oz portion cups.

Critical Control Point: Hold for cold service at 41°F or below.



Photo Credit: Nebraska Dry Bean Commission



Nebraska Thursdays | Harvest of the





NEBRASKA:

Crunch Off 2019 - 2020 - 2021 Champion !



Lincoln Public Schools



Overton Public Schools



Nebraska Dept of Ed, NE Capital

Nebraska is the 2019 Mountain Plains Region Crunch Off CHAMPION!

2020

Nebraska Crunch Off

REGISTER TODAY!

October 22, 2020

Join in celebrating October Farm to School Month and the seasonally-available produce offered locally by biting into a local apple, or other crunchy fruit or vegetable!

www.education.ne.gov/ns/farm-to-school/mountain-plains-crunch

How can we BUILD integrated farm to school programs that CONNECT the:



CLASSROOM



CAFETERIA

COMMUNITY



The 3 C's and **INSTITUTE MODEL**



CROSS-SCHOOL TEAMS _____

ACTION PLANNING _____

YEAR-LONG COACHING _____

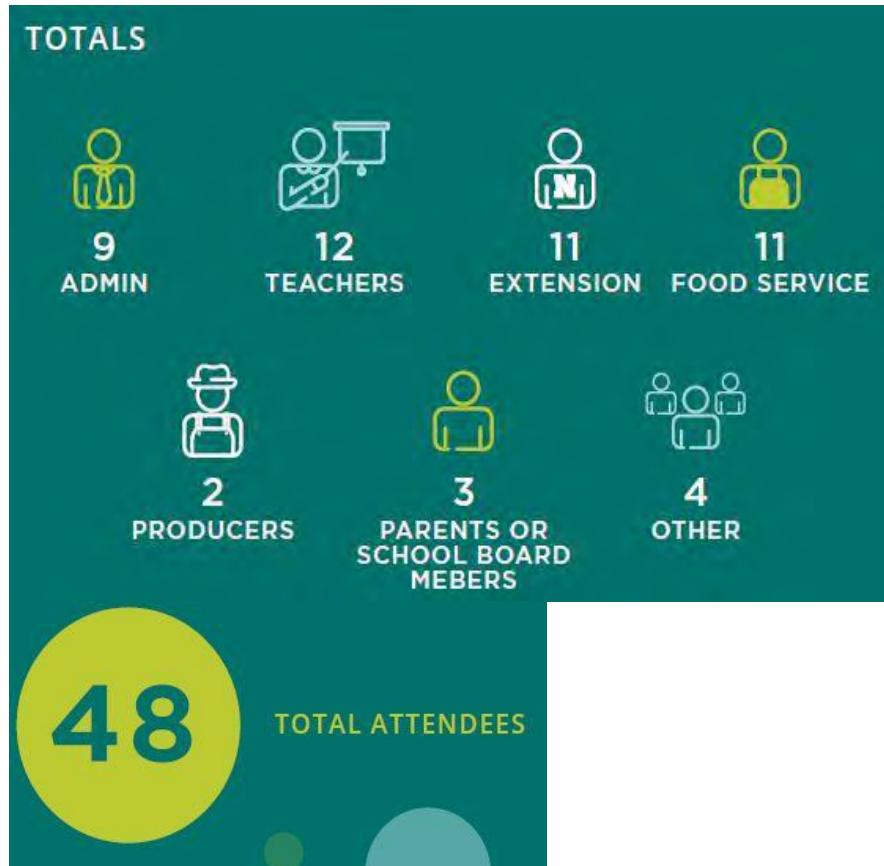
PEER NETWORKING _____

CAPACITY BUILDING _____



ROLES

Who was on the teams?



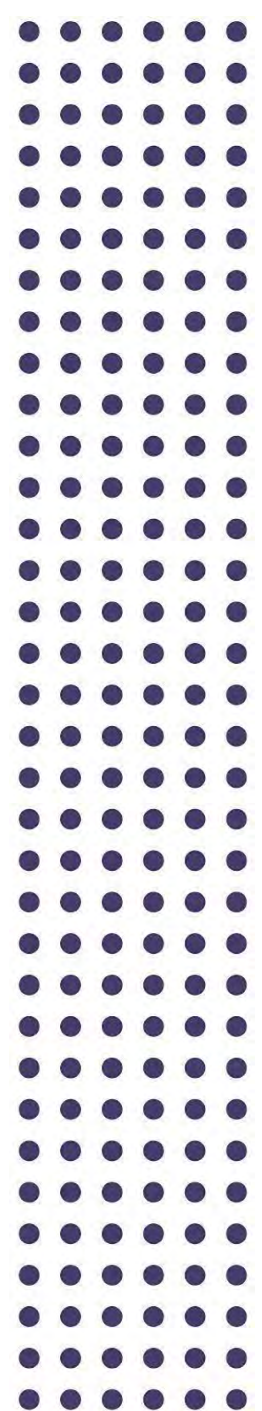
READINESS

Post-Institute and Pre-Institute surveys





Overton Public Schools



Example Cafeteria Goal:

All Overton Public Schools students will try at least one Nebraska grown product through the lunch program each month.





LOCAL PRODUCER TRAININGS

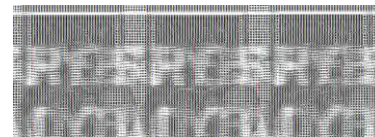
Bringing the Farm to School



Credit: MeadowLark Hearth at Gering Public Schools



CENTER for
RURAL AFFAIRS



COMUNIDAD MAYA
PIXAN IXIM
REINFORCING OUR ROOTS, LIVING OUR MAYA HERITAGE



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