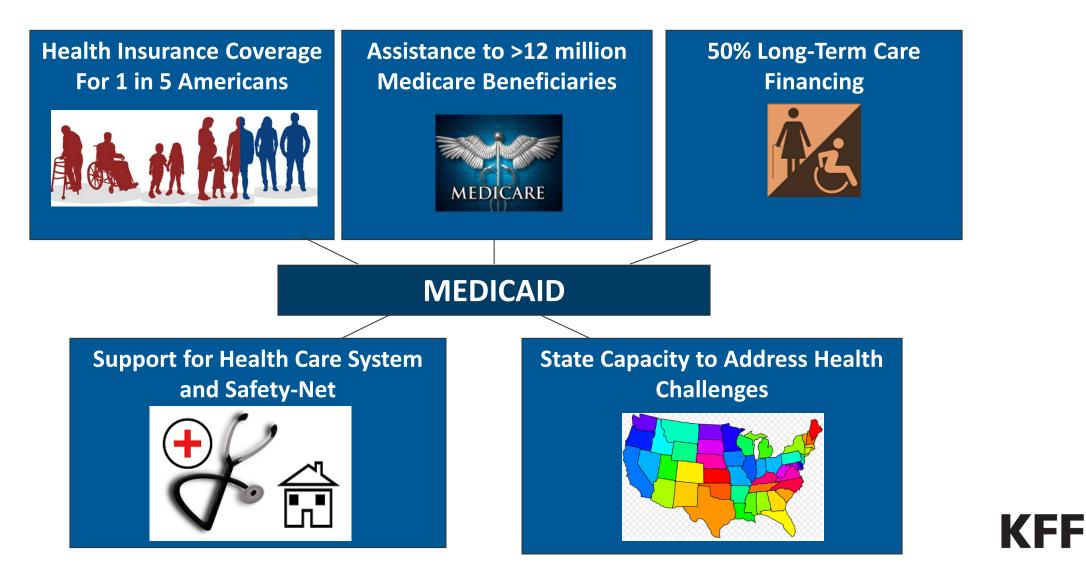
Medicaid in 2024: A Look at the Year Ahead

Robin Rudowitz Director of Program on Medicaid and the Uninsured December 2023

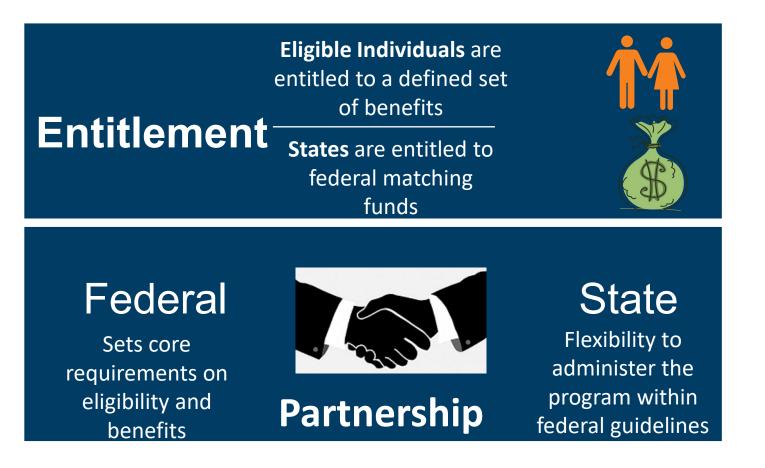
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The independent source for health policy research, polling, and news.

Medicaid plays a central role in our health care system.

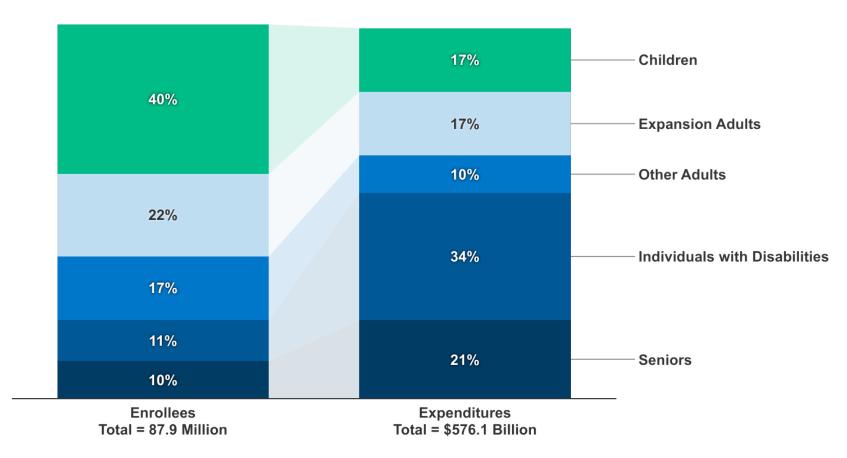


The basic foundations of Medicaid are related to the entitlement and the federal-state partnership.



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Medicaid spending is mostly for the elderly and people with disabilities.



NOTE: Totals may not sum to 100% due to rounding.

SOURCE: KFF estimates based on analysis of data from the Preliminary CY 2019 Transformed Medicaid Statistical Information System (T-MSIS).

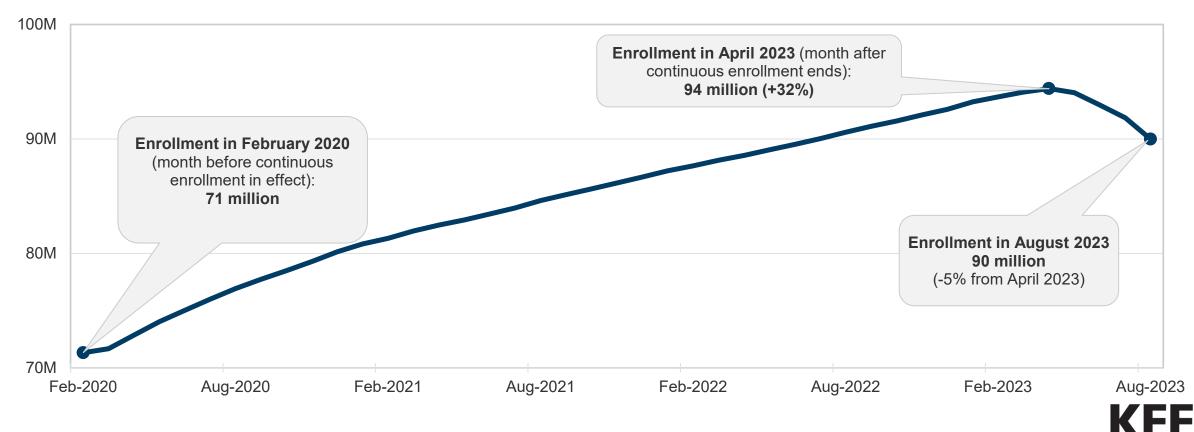


What are the key Medicaid issues to watch in 2024?

- Coverage and financing
 - -Unwinding of continuous enrollment provision and enhanced FMAP
- Access
 - -Efforts to increase access to behavioral health
 - -Efforts to address SDOH
- LTSS
 - -Reimbursement rates
 - -Workforce
- External factors
 - -Broader coverage and fiscal issues
 - Elections

Medicaid enrollment increased during the pandemic under continuous enrollment but has declined since April.

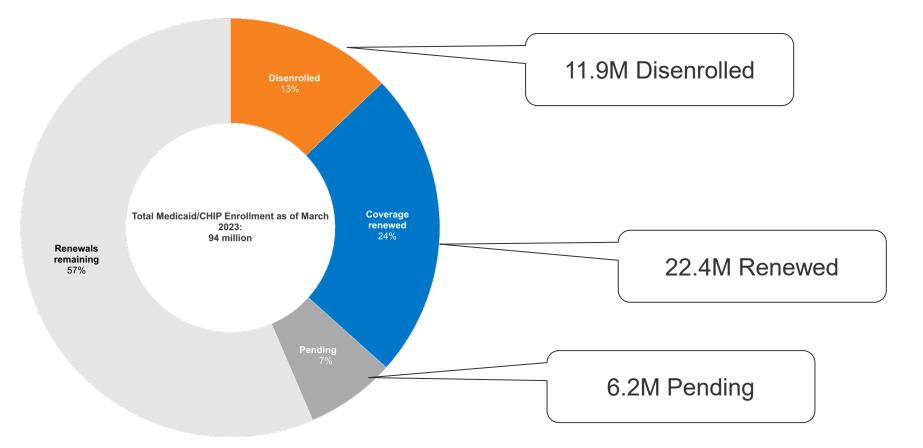
Total Medicaid/CHIP Enrollment, February 2020 to August 2023



NOTE: M = Millions SOURCE: KFF analysis of CMS Performance Indicator data.

States have reported renewal outcomes for roughly one-third of people enrolled prior to the start of the unwinding period.

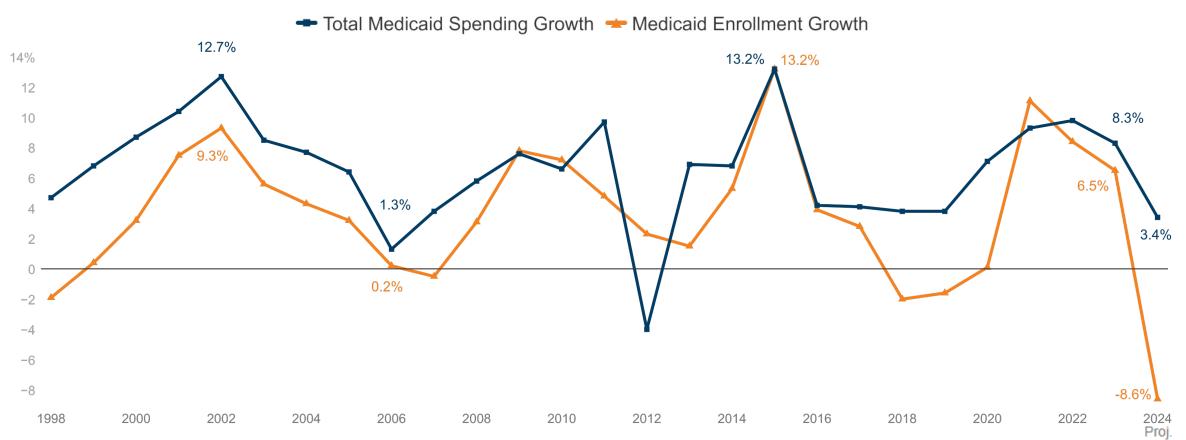
Cumulative Medicaid Renewal Outcomes Reported as a Share of March 2023 Medicaid/CHIP Enrollment:



NOTE: Based on the most recent state-reported unwinding data available from state websites and CMS reports. Time periods differ by state. SOURCE: KFF Medicaid Enrollment and Unwinding Tracker. Data as of December 7, 2023. CMS Performance Indicator Data (March 2023 Medicaid/CHIP Enrollment).

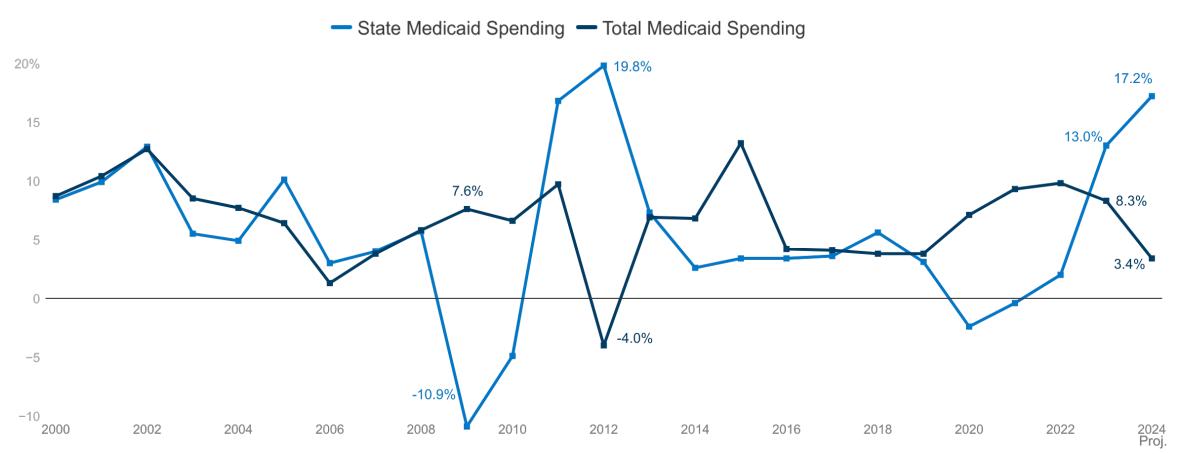


Enrollment is expected to decline in FY 2024 as the unwinding continues, leading to slowing total spending growth.



NOTE: Growth percentages refer to state fiscal year (FY). FY 2024 projections based on enacted budgets. SOURCE: KFF annual Medicaid budget survey, November 2023. See Methods of "Medicaid Enrollment and Spending Growth Amid the Unwinding of the Continuous Enrollment Provision: FY 2023 & 2024" for more information.

The state share of Medicaid spending is expected to increase as the enhanced federal matching funds phase out.



NOTE: Growth percentages refer to state fiscal year (FY). FY 2024 projections based on enacted budgets. SOURCE: KFF annual Medicaid budget survey, November 2023. See Methods of "Medicaid Enrollment and Spending Growth Amid the Unwinding of the Continuous Enrollment Provision: FY 2023 & 2024" for more information.

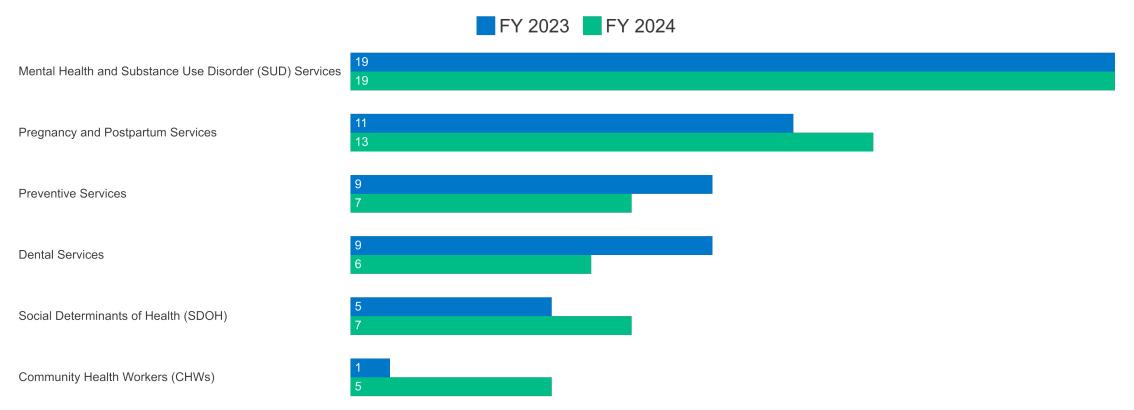
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Our annual Medicaid budget survey captures key themes related to access.



Almost all reported benefit changes were expansions, with mental health / SUD expansions the most common.

Select Categories of Benefit Enhancements or Additions, FYs 2023 - 2024



NOTE: SUD = substance use disorder. FL, MN, and SC did not respond to the 2023 survey. SOURCE: KFF annual Medicaid budget survey, November 2023



Key Medicaid Strategies to Address Behavioral Health Workforce Shortages in Place or Planned as of FY2022

Increasing Rates	Reducing Burden
Nearly two-thirds of responding states reported rate increases	Most responding states reported at least one strategy to reduce provider administrative burden
Extending Workforce	Incentivizing Participation

SOURCE: Behavioral health supplement to the annual KFF survey of state Medicaid officials by Health Management Associates, October 2022. Findings published online in the KFF brief "<u>A Look at Strategies to Address Behavioral Health Workforce Shortages: Findings from a Survey of State</u> <u>Medicaid Programs</u>"



In 2022, CMS presented a framework for states to use Section 1115 waivers to address health-related social needs (HRSN).

Covered HRSN Services

- Housing supports
- Nutrition supports
- HRSN case
 management
- Additional services may be allowed (e.g., transportation)

Service Delivery

- States can define target populations
- HRSN services must be medically appropriate and the choice of the enrollee
- Must be integrated with existing social services

Associated Fiscal Policy

- HRSN spending can't exceed 3% of total Medicaid spend
- State spending on related social services pre-waiver must be maintained or increased

Related Requirements

- To strengthen access, states must meet certain minimum provider rate requirements
- Monitoring and evaluation requirements



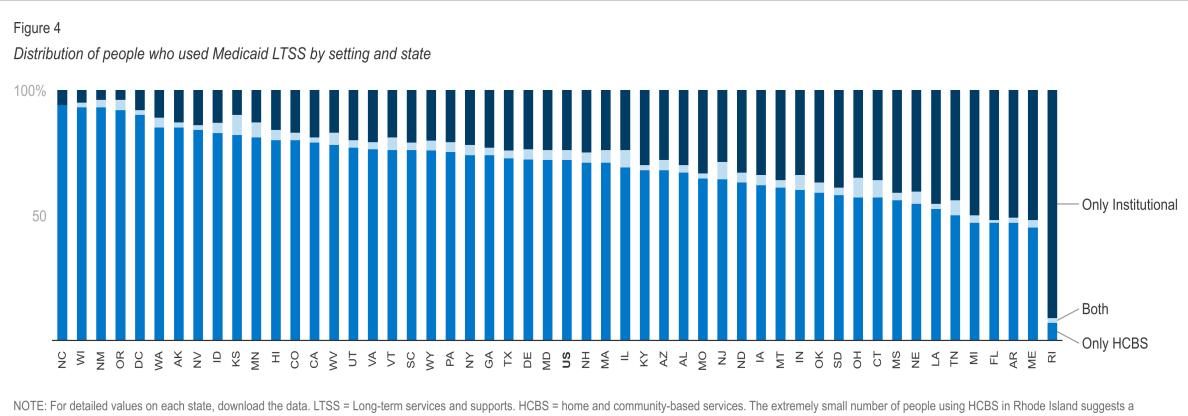
SOURCE: "A Look at Recent Medicaid Guidance to Address Social Determinants of Health and Health-Related Social Needs," https://www.kff.org/policy-watch/a-look-at-recent-medicaid-guidance-to-address-social-determinants-of-health-and-health-related-social-needs/

Examples of States with Approved Section 1115 HRSN Provisions

State	Target Populations	Housing Supports	Nutrition Supports
AZ	Enrollees who are or are at risk of becoming homeless & meet clinical and social risk criteria (e.g., certain behavioral or chronic conditions)	 Post-transition rent/housing (≤6 months) Utility costs Pre-tenancy & tenancy sustaining services Housing transition navigation services One-time transition & moving costs Housing deposits Home accessibility modifications & remediation services 	
MA	Enrollees who meet health and risk criteria, e.g. have behavioral health needs & homeless, justice-involved, or facing eviction	 Pre-tenancy & tenancy sustaining services Housing transition navigation services One-time transition & moving costs Housing deposits Devices to maintain healthy temperatures & air Home accessibility modifications 	 Nutrition counseling & education Meals delivered to the home ≤6 months) Medically-tailored food prescriptions (for up to 6 months) Cooking supplies
OR	Enrollees experiencing major life transitions (e.g. release from incarceration or living in region with extreme weather events)	 Post-transition rent/housing (≤6 months) Utility costs Pre-tenancy & tenancy sustaining services Housing transition navigation services One-time transition & moving costs Housing deposits Devices to maintain healthy temperatures & air Home accessibility modifications 	 Nutrition counseling & education Medically-tailored meals (≤6 months) Fruit & vegetable prescriptions (≤6 months) Meal or pantry stocking

SOURCE: "https://www.kff.org/medicaid/issue-brief/section-1115-waiver-watch-approvals-to-address-health-related-social-needs/

There are 6 million people who used Medicaid LTSS, 72% used Only HCBS, but that varied across the states.

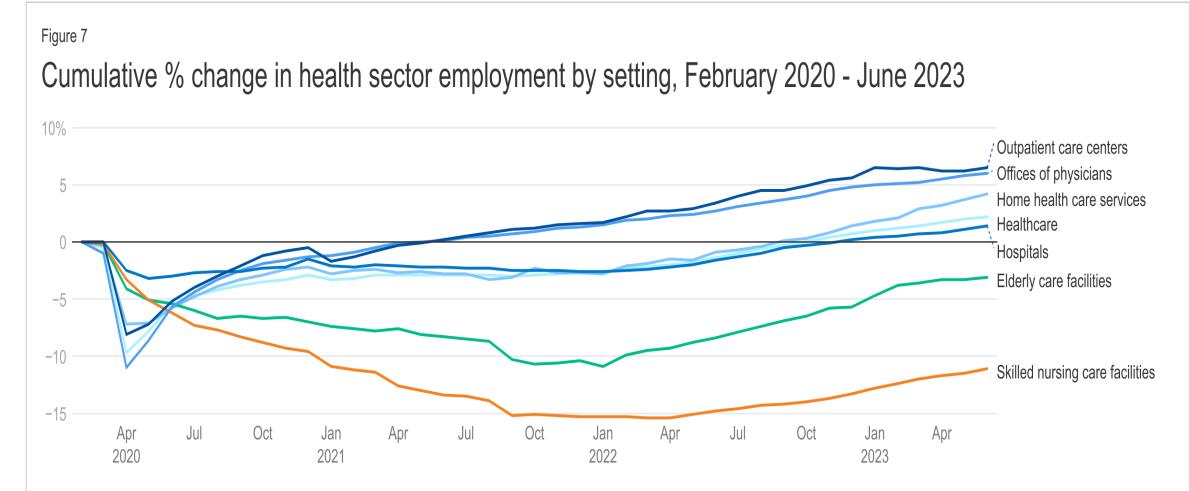


potential data quality issue. See methods for additional details.

SOURCE: KFF analysis of the T-MSIS Research Identifiable Files, 2020

KFF, How Many People Use Medicaid Long-Term Services and Supports and How Much Does Medicaid Spend on Those People?

Employment in LTSS remains below pre-pandemic levels.



NOTE: All data is seasonally adjusted. Data for the latest two months are preliminary. Elderly care facilities are continuing care retirement communities and assisted living facilities for the elderly. SOURCE: Imani Telesford, Emma Wager, Paul Hughes-Cromwick, Krutika Amin, and Cynthia Cox. Peterson-KFF Health System Tracker. July 20, 2023. https://www.healthsystemtracker.org/chartcollection/what-impact-has-the-coronavirus-pandemic-had-on-healthcare-employment/

Peterson-KFF Health System Tracker

States reported fee-for-service rate increases for nursing facilities and HCBS providers more than for other provider categories.

FFS Provider Rate Increases Adopted for FY 2024

	# of States Adopting Rate Increases for FY 2024
Inpatient Hospitals	29
Nursing Facilities	43
HCBS	38
Outpatient Hospitals	26
Primary Care Physicians	30
Specialist Physicians	28
OB/GYNS	24
Dentists	26

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NOTE: HCBS = home and community-based services. Provider payment restrictions include rate cuts for any provider or freezes for nursing facilities or inpatient hospitals. FL, MN, and SC did not respond to the 2023 survey. SOURCE: KFF annual Medicaid budget survey, November 2023 Beyond unwinding the continuous enrollment provision, states reported other key challenges and priorities.

